



# EXCHANGE HOUSE

National Travellers Service

Exchange House National Travellers Service is the leading provider of front line services to some of the most marginalised Travellers in Ireland since 1980.

We are a multi-disciplinary frontline service provider offering Family Support Services, Youth Services, Addiction Services, Prison Services and Education Services to members of the Traveller community based in the greater Dublin area.

In addition, we deliver a national service through training, provision of expertise and partnerships with other organisations providing services to Travellers in Ireland.

Exchange House has been providing a professional standard of practice that has been shown to produce good results with our client group, particularly as it relates to domestic violence.

Exchange House utilises a distinctive multi-disciplinary approach. Clients are facilitated to address their individual situation and needs under one roof; from crisis intervention through to long term education and employment.

## OTHER EXCHANGE HOUSE SERVICES

Family Support Service

Social Work

Crisis Intervention

Addiction Service

Youth Service

Stay in School Programme

After School Projects

On Site Youth Services

Education Service

FAS/CE/LTI

EU Projects

Research & Policy

Training Programmes

Conference Facilities



## EXCHANGE HOUSE

National Travellers Service

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# TACTICS

lifelong games



Education and Culture

## Lifelong Learning Programme

# TACTICS LIFELONG GAMES

The *Tactics* project is an EU funded project. The project will run from October 2011– September 2013.

The overall aims of the project are

- To help elderly people establish new contacts & reduce social isolation
- To improve intergenerational communication within families
- To provide training for carers
- To offer games with low language requirements

In October 2011 Verein Multikulturell started the international project "TACTICS – Lifelong Games" together with partner organisations from Germany, Ireland, Italy, Lithuania, Spain and Turkey. The project is under the EU's Education and Culture Lifelong Learning Programme GRUNDTVIG. 342 proposals were submitted for this programme and TACTICS was successful in its application.

Due to demographic changes, 40 percent of all European citizens are now 55 years of age and older. In 2020, it is expected that about 60 percent of all European citizens will be 55 years and older. Thanks to medical progress, most seniors enjoy a longer, healthy and active life. But a considerable number of people in this age group are faced with various illnesses and disabilities. Most of them are cared for at home, with the majority being cared for by a family member or other volunteers who themselves are 50 years and older.

These Carers who look after their relatives need support to handle the daily challenges they face, such as space for their own recreation and free time to manage their own necessary duties.

Games support intergenerational learning, especially in the family circle, and make visits from friends and volunteers much more enjoyable and offer the necessary space for the Carers – TACTICS offers enjoyable solutions for the care of the elderly in Europe.

In addition, by offering games with low language requirements, TACTICS helps elderly people to establish new contacts. For the family this means an additional stimulus for intergenerational communication. In care facilities, communication is enhanced between the different cultures, the residents and the visiting volunteers and the danger of social isolation is reduced.

The culture of game playing in Europe functions as a low-threshold access to Life-Long-Learning. Skills, both existing and those acquired informally, are further developed by game playing.

Collecting those games remembered from childhood, within various cultures and their cultural background, TACTICS contributes to the preservation and development of an historic treasure from different parts of Europe.

The training of Carers, within the framework of TACTICS, aims to empower them to care for their elderly for a longer period of time by reducing the risk of burnout.

## PARTNERS

### Verein Multikulturell, Austria

Verein Multikulturell specializes in vocational counselling and training for migrant youths, adult education and family counselling services for migrant families.

Verein Multikulturell are the lead partner in the TACTICS project.

### Exchange House National Travellers Service, Ireland

Exchange House is an organisation working with Travellers in Ireland. Travellers are an ethnic minority group in Ireland. Exchange House offers front line services to some of the most marginalised Travellers and has been offering this service for the past 31 years.

### IEIE, Stuttgart, Germany

IEIE has been working with migrants and people with special needs, minorities and groups facing different forms of social, economic and structural discrimination in southern Germany.

### ASEV, Italy

ASEV is a training centre recognized by Regione Toscana for training and vocational guidance activities financed by European Social Fund (ESF). It hosts an Open and Distance Learning centre belonging to the regional project TRIO, and manages Montelupo pottery school.

### Asociacion Goiztiri, Spain

The GOIZTIRI Association was launched in Barakaldo as a platform bringing together various initiatives improving the quality of life for people in a variety of social and working sectors.

### MOZAIK, Turkey

Mozaik is a non-profit organization with cross-cultural orientation. The main objective is to promote professional and social integration of young people and adults. Mozaik offers computer and literacy courses, education advice, family counseling and mentoring for local youth & migrants.

### SOROS International House, Lithuania

Started in March 1993 it soon became one of the largest and most highly rated language schools in Vilnius. In half a year, it became an affiliated member of the International House World Organisation.



Lifelong Learning Programme