

PROJECT ADDED VALUE

- **Desk research and best practice overview** of psychological and career support services to people who have acquired disability after an accident or long-standing illness in the partner countries;
- **Training programme for career counselling** which will be tested with counsellors/adult educators/social workers in each country;
- **Career counselling manual** which will be implemented in individual counselling process with long-term unemployed who suffered an accident or a serious illness;
- **E-learning platform with free access to all training and counselling materials** as well as closed group for online counselling and mutual support;
- **Career Kit Empower Yourself** summarizing good practices and techniques for self-awareness, self-motivation, career orientation and success stories;
- **Unique opportunity for competence development and validation** through an innovative European approach called LEVEL5.

PROJECT PARTNERS



CATRO Bulgaria
www.catrobg.com



IMS Research & Development Center
www.ims-edu.com



die Berater
www.dieberater.com



Defoin
www.defoin.es



UNIVERSITY OF
THESSALY

University of Thessaly
www.uth.gr



DACORUM Council for Voluntary Service
www.communityactiondacorum.org



EXCHANGE HOUSE IRELAND
National Travellers Service

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www.exchangehouse.ie

CONTACTS



www.newhorizons-eu.org



www.facebook.com/NewHorizons



Erasmus+

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PROJECT BACKGROUND

One in six people in the EU has a disability that ranges from mild to severe making around 80 million who are often prevented from taking part fully in society and the economy due to environmental and attitudinal barriers (European Disability Strategy 2010-2020).

In order to tackle this issue, a **strategic partnership of 7 European countries** (Bulgaria, Austria, Greece, Cyprus, UK, Ireland and Spain), including training organisations, NGOs and universities united their knowledge and expertise in the creation and realisation of **New Horizons**. The European project aims at **career counselling and psychological support** to people who have suffered an accident, incident or serious illness, which resulted in longer unemployment (more than 1 year) or in the need of professional reorientation.

The holistic approach of **New Horizons** will foster the **overall integration** of long-term unemployed people with acquired disabilities and their full participation in the society.

NEW HORIZONS GOALS

The main aspiration of the project is to create a career counselling programme that is specially adapted to the needs of the long-term unemployed people with acquired disabilities, a programme that aims to:

- **foster their self-awareness, self-confidence and self-motivation** to identify and grasp new opportunities, to develop themselves in personal and professional terms;
- **increase their employability skills** as well as of those who are at risk of losing their job due to permanent absence due to health problems by helping them to find new career paths or making their own business ideas come true;
- **address the equality issue** through disseminating project good practices in round tables with relevant stakeholders and promoting inclusive education and training.

NEW HORIZONS FOR WHOM

- **People who have acquired disability** after an accident or long-standing illness which had severe impact on their personal and professional life; although the target group is broad, the individual approach takes into account the specific needs of each person and his/her particular life situation;

- **Career counsellors, adult trainers (and social workers)** will be trained through an extensive train-the-trainer programme that will prepare them to provide comprehensive psychological and career support to people whose life and career path has been altered due to an accident or illness;

In order to reach out both target groups, the partner organisations will establish partnerships with patients' associations and other NGOs on local level who are supporting people with various types of disabilities acquired after an accident or illness.